

Homeopathy School International
- Materia Medica -

Natrum Muriaticum
Sodium Chloride

Homeopathy School International - Natrum Muriaticum -

Sodium Chloride

- Table Salt, Rock Salt
- Mineral: Halite
- Salt of the Earth



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- Naturally occurs in the ocean
- Mineral salt content of sea water similar to the mineral proportions of the body fluids



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- Hundreds of thousands of square miles of underground salt rock beds on earth
- Recovered by mining or solar evaporation



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Production:

- US largest producer of salt (mostly in 15 states)
- Large productions also in Germany, Rumania, Russia, Spain and Iran



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Sodium Chloride in the body:

- 40% more than any other salt
- Maintains proper water balance
- Stimulates the nervous system (sodium-potassium pump)
- Stimulates gastric juices and appetite

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Deficiency:

- Blood thickens
- Low BP
- Rapid Pulse
- Veins collapse

Excess:

- Accumulation of extra-cellular fluids
- CNS dysfunctions
- Brain cells shrink

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Appearance:

- Dry, shrivelled, cracked lips
- Puffy (edemas), pale, waxy look
- Pear shaped (skinny upper body – heavier lower body)

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Mental Picture:

- Grief, silent, dwells
- Emotionally hurt, withdrawn, guarded (the wall)
- Sensitive, vulnerable
- Sympathetic, dignified
- Relationships very important
- Very responsible, fastidious, averse consolation

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Fears:

- Heights
- Narrow spaces
- Robbers



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Physical Symptoms:

- Ailments from grief (any)
- Frequent or chronic H/A's, esp. 10.00 AM
- Chronic sinus infections, copious clear discharge
- Cold sores, cracked lips
- Chronic constipation

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General Symptoms:

- Thirsty for cold drinks
- Craves salt, sour, bread, cold drinks
- Warm blooded, agg. by heat or sun
- > open air, pressure against back
- > or < by the ocean



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Nucleus:

- Closed, defensive, responsible
- Silent grief, dwells on past
- Craves salt
- Aggravated by heat and sun
- Egg-white like discharges
- > or < by the ocean

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Other Salt remedies:

Natrum Arsenicum, Natrum Carbonicum,
Natrum Phosphoricum, Natrum Sulphuricum

Compare with:

Natrum Carbonicum, Natrum Sulphuricum,
Ignatia, Sepia, Aurum